

Association of Indian Universities North-Zone Inter-University Football Championship, 2021-22

Integral University is a premier university in Lucknow, the capital city of the state of Uttar Pradesh, India. The university has an inspiring excellence the University always taken a great attention to the students for their all-round performance and always lead their role in the nation building. The University men's football team participated in the North-Zone Football Championship which was held during December 23-30, 2021 at Punjabi University, Patiala, Punjab. The team for this championship were selected from various departments of the University through two phase trials, which was held from December 2-5, 2021 under the supervision of director, sports (Dr. Mohd Zafar), and Ms. Sitara Sahni. Director, sports appointed Dr. Naseem Ahmad, Assistant Professor, Department of Chemistry as team coach. The team played 3 matches in the championship, the details are as;



Figure 1: Team Members at Punjabi University, Football Ground

1. Integral University vs. MRIIS, Faridabad. Integral University won the match
2. Integral University vs. Shiv-Nadar University, Noida. Integral University won the match
3. Integral University vs. LPU, Punjab. LPU won the match

Before the championship, the team trained under the supervision of Dr. Naseem Ahmad and Ms. Sitara Sahni. Dr. Mohd Zafar addressed the team members before the leaving for Punjabi University his motivation and support instilled in them the technicalities and spirit of sportsmanship.



Figure 2: Team before starting the match

Match 01. Integral University vs. MRIIS, Faridabad.

Integral University played his first match against MRIIS, Faridabad, at December 23, 2021. Both the teams played very well. The goal attempt by Mr. Zeeshan of Integral University was destroyed the Faridabad goalkeeper after the 12th minutes of match start. Faridabad team was also very offensive and attempted two times for goal in the 31st and 34th minutes of the match but Integral University goalkeeper Mr. Jaish saved very nicely. The match ends without any score the duration of the match was 70 minutes. The match were finalised in penalty shoot, the hero of the match was Mr. Jaish who saved 3 goals out of 5. Integral University won this match by 3-1.



Figure 3: Team members with Faridabad team

Match 02. Integral University vs. Shiv-Nadar University, Noida.

This match was played on December 25, 2021. This was very tough match because our 3 key players were injured and team Noida played very offensive and attempted for goals three times which was destroyed by our goalkeeper Mr. Jaish, in the start of the game our team was very defensive but in second half we were offensive and Mr. Sumit of Integral University got success to score at the 56th minutes of the game. The final score was 1-0.



Figure 4: Team members with Shiv-Nadar University Team

Match 04: Integral University vs. LPU, Punjab

This match was played on December 26, 2021. This match was lost by our University by 0-8, LPU played really very nice the players were very skilled and professional, but our team also played very well due injury of our key players we tried hard but it was not our day. We left the Pujabi University, Punjab with ray hope and motivation for upcoming tournaments.

Everything including the expenses and traveling responsibilities was overseen and taken care of by the University under the kind leadership of Dr. Mohd Zafar. The team was accompanied by Dr. Syed Hassan, manger, Dr. Naseem Ahmad, coach and Dr. saif, physiotherapist.